

# Tableau des calories

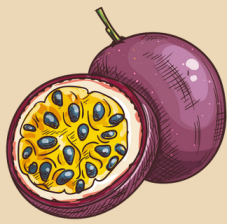
## Fruits qui poussent aux Antilles



# Tableau des calories :

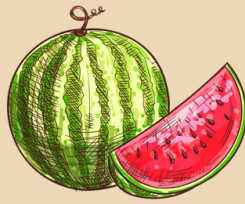
## Fruits des Antilles 1/4

Pour 100g



**Maracudja**

101 Kcal



**Pastèque**

38 Kcal



**Melon**

32 Kcal



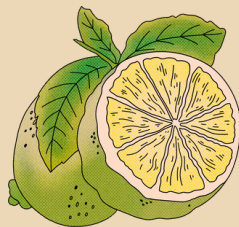
**Ananas**

52 Kcal



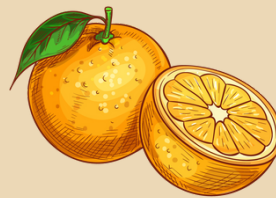
**Papaye**

43 Kcal



**Citron vert**

25 Kcal



**Orange**

46 Kcal



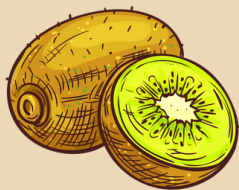
**Corossol**

60 Kcal



**Caimite**

67 Kcal



**Kiwi**

61 Kcal



**Quénettes**

77 Kcal



**Banane**

93 Kcal

# Tableau des calories :

## Fruits des Antilles 2/4

Pour 100g



**Sapotille**

70 Kcal



**Pomme cannelle**

94 Kcal



**Pitaya**

36 Kcal



**Mangue**

73 Kcal



**Pamplemousse**

40 Kcal



**Carambole**

40 Kcal



**Tamarin**

239 Kcal



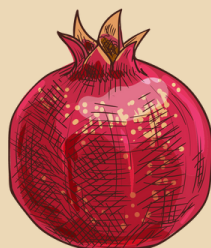
**Kaki**

81 Kcal



**Coco**

362 Kcal



**Grenade**

80 Kcal



**Goyave**

54 Kcal



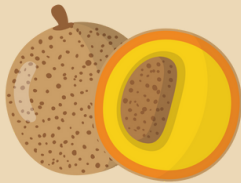
**Prunes de cythère**

47 Kcal

# Tableau des calories :

## Fruits des Antilles 3/4

Pour 100g



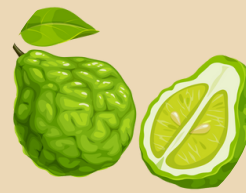
**Abricot Péyi**

54 Kcal



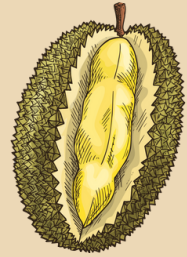
**Cacao**

400 Kcal



**Combava**

22 Kcal



**Jacque**

95 Kcal



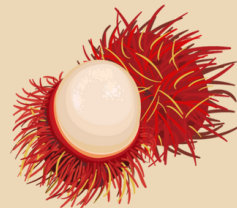
**Mangoustan**

45 Kcal



**Mandarine**

46 Kcal



**Raboutan**

239 Kcal



**Massissi**

81 Kcal



**Pomme cajou**

36.5 Kcal



**Pomme d'eau**

80 Kcal



**Cerise Péyi**

32 Kcal



**Prunes moubin**

47 Kcal



# Tableau des calories :

## Fruits des Antilles 4/4

Pour 100g



**Noni**

339 Kcal

**Zikak (Icaque)**

47 Kcal



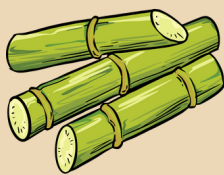
**Mangoustin**

22 Kcal



**Pomme liane**

95 Kcal



**Canne à sucre**

62 Kcal